



PATHWAY OF HOPE

Developing life goals

Pathway of Hope addresses needs and brings stability to Vernon.



Vernon since 2020:



22 Households Served



47 Individuals Served



667 Service Interactions



7 Active Participants



6 Spiritual Needs Assessments

Harrowing life experiences came to a head for Angela* just before Christmas. Diagnosed with severe post-traumatic stress disorder, this married mother of three felt unsupported and unable to function. The devastating effects were felt by her family too – she initially approached The Salvation Army seeking food hamper assistance for her teenage boys, and perhaps some gifts to make the festive season special for them.



*Name Changed

Bravely, Angela opened up to Laura and Jen in the local Pathway of Hope team. Using trauma-informed strategies, she developed confidence in applying grounding and sensory techniques. The result is a reduction in the number of the debilitating panic attacks which have held Angela back, and in their duration.

More than this, Angela has been helped to define and work towards attainable goals. Her daily anxiety had previously been so extreme that she did not have confidence that she would be in the right headspace to follow through with a plan.

With Pathway of Hope’s wraparound care, Angela now feels safe and loved. She can set targets. And her family has also noticed the difference, now that reliable support systems are in place. **“It’s brought so much to my life,”** declares Angela. **“Thank you, whole heartedly!”**

BREAKING BARRIERS

We partner with individuals and families to develop a customized plan and take action to address root-cause issues and barriers. The most significant barriers to Pathway of Hope participants at Vernon are as follows:



Employment



Income



Food



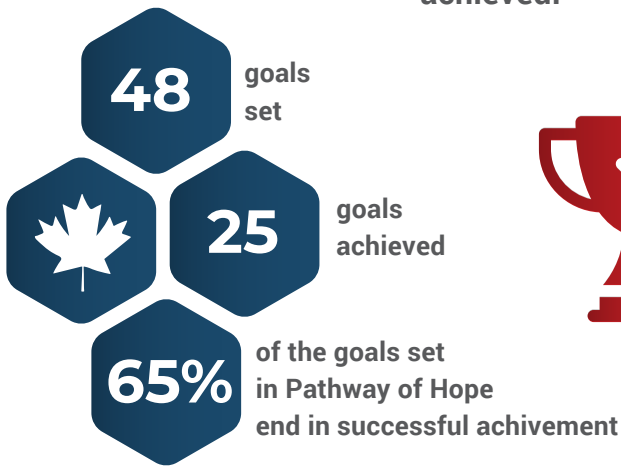
Healthcare



Community Involvement

VERNON REACHING GOALS

Through Pathway of Hope, goals have been set by participants to make positive change happen in their lives. These are the top five goals that were set at Vernon, with the percentage of goals that were successfully achieved.



- 1 Substance Abuse Treatment - 50%
- 2 Spiritual Wellness - 33%
- 3 Housing - 83%
- 4 Mental Health Treatment - 80%
- 5 Employment - 75%

HOPE & STABILITY

90% of successfully completed participants experience increased **HOPE**

73% of successfully completed participants experience increased **STABILITY**



COMMUNITY REFERRALS

Top five referrals to other service providers and community partners:

- 1 Mental Health Support (24)
- 2 Housing Support (9)
- 3 Employment (7)
- 4 Financial (5)
- 5 Corps Programming (4)